

New Parent **GIFT** Guide

Shopping for expectant or new parents? Be sure you're shopping smart!

Some gifts marketed to parents can be unsafe for babies.



Great Gifts Include:

- Fitted crib sheets
- Sleep sacks
- Pack 'n Play or crib
- Children's books that celebrate diversity
- Pacifiers
- Diapers
- Journal or scrapbook
- Curtains or shades for baby's sleeping area
- Onesies, socks, hats
- Video baby monitor
- Kid-friendly art for walls
- Lullaby songbook
- Car seat
- Gift cards
- Meals for the family
- Offer to babysit
- Offer to run errands for the family



Unsafe Gifts Include:

- Bumper pads or crib wedges
- Reclined pillows/chairs
- Low-hanging crib mobiles
- Crib pillows, blankets, or sheepskins
- Baby positioners

Remember:

Babies sleep safest alone, on their back, in their own separate crib without blankets, pillows, toys, or other items. For tips on safe sleep environments for babies, visit ounce.org. For product safety information, visit cpsc.gov.

