

Updated 4/23/2019



Professional Development Catalog

FLORIDA MATERNAL, INFANT AND EARLY CHILDHOOD HOME VISITING INITIATIVE

MICROSOFT

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IN-PERSON TRAININGS

The trainings below are offered by the Ounce of Prevention Fund of Florida and the FSU Center for Prevention and Early Intervention Policy as part of their work with the Florida Maternal, Infant, and Early Childhood Home Visiting Initiative. To view currently scheduled events, please visit the [Florida MIECHV Learning Management System](#). To inquire about scheduling a training, please contact [Sharon Clark](#), MIECHV Training Coordinator.

ASQ

1 Day

This training explores both the ASQ-3™ and the ASQ SE-2™ questionnaires in depth. The ASQ-3™ screening questions cover a child's development in the areas of speech, physical ability, social skills and problem solving. The ASQ SE-2™ screening questions cover a child's behavior and social-emotional development. The training includes practice with scoring, introducing the screen to parents and making referrals when appropriate.

Breastfeeding Counselor Course

3 Days

This is a Healthy Start approved course for coding, and provides foundation knowledge in breastfeeding promotion, initiation, and problem solving. This training earns 20 CEUs for the following: RN, RD, ARNP, and LPN. Trainees will also earn 19.5 LCERPS. There is no additional cost, and these are filed in CE Broker.

Boundaries

1 Day

This training will address boundary issues that staff may face when working with families. Different types of boundaries will be discussed, as well as the impact of these boundaries on the helping relationship. We will also address strategies for balancing personal and professional boundaries.

Compassion Fatigue

1 Day

This training focuses on practical tools to assist staff in noticing how they react to secondary traumatic stress. This training teaches staff techniques to incorporate into their routines to mitigate the effects of compassion fatigue and secondary trauma in their daily lives.

Creating Your Best Year Ever: Finding the Gold Within

3 to 5 Hours

What would it take to stand back at the end of the year and say, "Wow! This was the BEST year ever!" This presentation is based on *Finding the Gold Within: A Successbook for Women*, which is about realizing our inner strengths and talents to achieve our heart's desires. The motivational presentation invites audience participation with music, video, and dress-up props to inspire participants to find their own "gold within" and create their best year ever.

Family Goal Plan

1 Day

Staff learn about partnering with the family to develop goals and objectives for a Family Goal Plan. In addition, participants will be given opportunities to further practice writing goals and objectives.

Mothers and Babies

1.5 Days

Mothers and Babies is a program that promotes healthy mood management by teaching pregnant women and new moms how to effectively respond to stress in their lives through increasing the frequency of thoughts and behaviors that lead to positive mood states. Designed as a perinatal depression prevention, the Mothers and Babies targets three specific risk factors: limited social support, lack of pleasant activities, and harmful thought patterns. Mother and Babies offers a "toolkit" of approaches for women to observe their mood, note factors affecting their mood, and make changes in their daily lives to impact these areas.

Motivational Interviewing

2 Days

This training explores the process of motivational interviewing, which can be used to help families see the need to make changes and help them determine if they are ready for change. The techniques learned in this training can be applied to many aspects of work and life.

Motivational Interviewing II

1 Day

This training builds on the concepts staff previously learned in the pre-requisite training Motivational Interviewing. The training includes practical information, intense, hands-on practice and role play to teach conversational skills that are positive, meaningful and beneficial.

Positive Discipline and Guidance Strategies

2 Days

In this training, staff practice positive ways to deal with discipline issues that they can demonstrate and model for families. Participants match various positive guidance strategies with specific discipline issues. During learning, staff put together an "Add it to the Ring" takeaway tool that will help facilitate the skills and techniques.

Prenatal

2 Days

This training will explore all areas of pre and post pregnancy including fetal growth and development, warning signs for when to call the doctor, bonding with baby during pregnancy, preparing for childbirth, preparing family and home for the baby's arrival and how family life impacts pregnancy. The training provides fun and informative resources that staff can share with families.

Red Flags Practicum

1 Day

This training presents important information regarding seven key risk factors common to families where child abuse and neglect has been shown to occur. Staff will leave with an improved ability to identify and respond to red flags during their work with families.

Revisit, Rethink, Renew

1 Day

This training is intended to assist staff in processing feelings and thoughts around sudden, abrupt change in the workplace. This training addresses retaining and engaging families during transition and highlights time management, self-care, and team building as ways to stay motivated in the workplace.

Safe Baby

1 Day

This training is in partnership with the Healthy Start Coalition of Hillsborough County to adopt the Safe Baby curriculum. It was made specifically for Home Visitors, but is applicable to all infant care professionals. This curriculum may be used when addressing the following concerns: Choosing a Caregiver, Coping with Crying/Shaken Baby Syndrome, and Safe Sleep.

Smoking Cessation and Reduction in Pregnancy Treatment (SCRIPT)

1 Day

SCRIPT® is an award-winning, evidence-based program shown to be effective in helping thousands of pregnant women quit smoking. It is designed to be a component of a patient education program for prenatal care providers, and is cited by the Agency for Healthcare Research & Quality's Smoking Cessation Clinical Practice Guidelines. SCRIPT® counseling is a reimbursable service under the Patient and Affordable Care Act.

Strategies for Effectively Engaging Families

1 Day

The purpose of this training is to provide workers with the necessary tools to engage and retain families by using a strength-based, family-centered approach.

Supporting Families Affected by Intimate Partner Violence

3 Days

This training is intended to assist staff in learning about the indicators and dynamics of intimate partner violence, the effects of intimate partner violence on children, safety planning and strategies for working with families who have intimate violence issues. This training was revised in 2018.

The Impact of Child Abuse and Neglect: What Can be Done?

2 Days

This training is intended to assist staff in learning about child abuse and neglect. It includes mandated reporting, state statutory definitions of abuse and neglect, indicators of child

abuse and neglect, prevention strategies that can be used with families, and how to make a call to the abuse hotline. Participants engage in role playing exercises and view videos to reinforce the ideas in training.

Understanding Substance Abusing Families

2 Days

Participants in this training will explore the progression of substance dependence, indicators of substance abuse, dynamics in substance-abusing families, the roles family members play, and the relationship between substance abuse and child abuse. Staff will also gain insight into the role of resistance and techniques for managing it when working with substance-abusing families.

Working With Families Who Have Mental Health Issues

2 Days

This training educates staff on the various mental health issues families face. This training facilitates discussion on mental health factors that impact the parent-child relationship and helps staff develop various strategies for working with families who have mental health issues.

WEB-BASED AND ARCHIVED TRAININGS

The trainings in black have been recorded and archived in the Florida MIECHV Learning Management System. The trainings in green are accessible through the [Institute for the Advancement of Family Support Professionals](#). All of these trainings are offered at no cost.

INFANT AND EARLY CHILDHOOD DEVELOPMENT

Child Development: Birth to 3

Child Development: 3 to 5

Child Development: Secrets of Baby Behavior

Pregnancy and Prenatal Care

Module 1: Fetal Growth and Development

Module 2: Pregnancy Outcomes

Module 3: Bonding with Baby During Pregnancy

Module 4: Preparing for Baby – The Physical Journey

Module 5: Preparing for Baby – Family and Home

Module 6: Bringing it Home – How Family Life Impacts Pregnancy and Baby

Social Emotional Development of Young Children

Supporting Families of Dual Language Learners

CHILD HEALTH, SAFETY, AND NUTRITION

Abusive Head Trauma (Shaken Baby Syndrome): Prevention and Education Techniques for Home Visitors

Breastfeeding 1: Helping Mothers Choose Breastfeeding

Breastfeeding 2: Helping Mothers Initiate Breastfeeding

Breastfeeding 3: Helping Mothers Continue Breastfeeding

Breastfeeding and Best Feeding

Growing Healthy Children 1

Growing Healthy Children 2

Growing Healthy Children 3

PARENT-CHILD INTERACTIONS

Responsive and Intentional Caregiving: Coaching Parents of Children with Special Needs

DYNAMICS OF FAMILY RELATIONSHIPS

Engaging Fathers

Engaging Fathers in their Children's Lives

Family Partnerships that Support Child Development

Family Partnerships that Support Health and Mental Health

Using the Protective Factors and Trauma-Informed Framework

Part 1: The Basics

Part 2: Applying This in Your Work

FAMILY HEALTH, SAFETY, AND NUTRITION

Edinburgh Postnatal Depression Scale

Engaging and Retaining Substance-Involved Families

Equitable Relationships

Family Planning and Contraceptive Counseling

Part 1: Family Planning 101

Part 2: Contraceptive Counseling In-Depth

Part 3: Community Connections for Family Planning

Gender Equity

Healthy Relationships

Nutrition Basics

Off to a Good Start – Food Access and Healthy Eating Advice for Families

Prenatal Basics for Home Visitors

Reproductive Health

Risk and Protective Factors for Intimate Partner Violence

Responding to Domestic Violence in the African American Community

SCRIPT 2.0 for Trainers

Substance Abuse

Module 1: Etiology of Alcohol and Drug Use

Module 2: The Culture of Drug Use

Module 3: Strategies for Working with Substance-Involved Families

Module 4: Tobacco Use and Smoking Cessation

Module 5: Alcohol Use and Abuse

Module 6: Prenatal Effects of Alcohol and Drug Use

Module 7: Illicit Drugs

Module 8: Non-Medical Use and Abuse of Prescription Drugs and Treatment

Module 9: Recovery Support and Referral

Substance Use: Risks and Effects in Pregnancy and Early Childhood Development

The Fourth Trimester: Providing Support and Service to New Mothers

Using *Partners for a Health Baby* to Support Pregnant and Postpartum Women At Risk For or Experiencing Depression

Why Screen Women for Substance Use, Intimate Partner Violence, Mental Health and Perinatal Depression?

Women's Health Series

Part 1: Preconception Health

Part 2: Prenatal Health

Part 3: Breastfeeding and Nutrition

Zika 101

Zika 201

COMMUNITY RESOURCES AND SUPPORT

Bright Futures Concepts and Working with the Medical Home

Building Bridges to Self-Sufficiency and Family Stability

Circle of Parents Mutual Self-Help Parent Support Groups

Exploring Family Healthcare Coverage Options

Florida KidCare – Just the Facts

Helping Families Make Ends Meet

Moving to Action: Advocacy, Referrals, and Goal-Setting

Social Determinants of Health

Part 1: Introduction to SSI and Social Security Benefits

Part 2: Introduction to Florida's Medicaid and SCHIP Programs

Part 3: Advocacy in Florida's Medicaid Managed Care Program

Part 4: Home and Community-Based Waivers

Part 5: SNAP and LIHEAP

Part 6: Relative and Caregiver Support

Part 7: Child Support and Paternity

Part 8: Dissolution of Marriage

Part 9: Domestic Violence

Part 10: Landlord Tenant/Subsidized Housing

Part 11: Fair Housing

Part 12: Foreclosure/Consumer Debt Protection

Text4baby

RELATIONSHIP-BASED FAMILY PARTNERSHIPS

[Assessment to Action: Building on Strengths, Finding Solutions](#)

[Engaging Hard-to-Reach Teen Moms and Their Children](#)

[Family Partnerships that Support Change and Healing](#)

[The Nuts and Bolts of Family Support Practice](#)

[Three-Step Counseling Strategy](#)

CULTURAL AND LINGUISTIC RESPONSIVENESS

[Supporting Dual Language Learning Families](#)

[Supporting Immigrant Families: A Culturally Humble Approach](#)

EFFECTIVE HOME VISITS

[Home Visiting 101: Importance of Home Visiting](#)

Home Visiting 102: Home Visitor Skills and Strategies

Home Visiting 103: Professional Practice

Promoting Healthy Homes for Home Visitors

The Why, What, and How of Effective Participant Communications

PROFESSIONAL PRACTICE

Beyond the Home Visit: Supervision, Professional Development, and Community Connections

Confidentiality for the Home Visitor: Confidentiality Principles

Confidentiality for the Home Visitor: Confidentiality and the Law

Confidentiality for the Home Visitor: Confidentiality in Practice

Developing a CQI Team and CQI Plan

Home Visitor Safety Part 1 & 2

Human Trafficking: Impact on Home Visiting Programs

Managing Compassion Fatigue and Secondary Trauma

Maximizing Team and Peer Networks

Mindfulness-Based Stress Reduction for Home Visiting Staff

Personal Safety for Home Visitors

Professional Conduct and Self-Care

Staying Safe while Supporting Families

Tools for Understanding Root Causes of Performance (Continuous Quality Improvement)