Bringing Protective Factors to Life

Concrete Supports in Times of Need

Statewide Webinar
Thursday | April 23, 2020 | 3:30pm – 5:00pm EST
Welcome

Mr. Chris Lolley  
Executive Director  
Prevent Child Abuse Florida  
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www.PreventChildAbuseFL.org
A recording of this webinar and associated materials will be available at www.PreventChildAbuseFL.org

For additional questions or comments, please email: Chris Lolley at clolley@ounce.org or Nydia Ntouda at nntouda@ounce.org
EVERYONE CAN MAKE #GREATCHILDHOODS HAPPEN. ESPECIALLY YOU.
Presenters

Ms. Sarah C. Sheppard, B.S.
Certified Recovery Peer Specialist (CRPS)
Statewide Recovery Integration Specialist
Substance Abuse Mental Health Program Office
Florida Department of Children and Families
Ms. Maria A. Long, B.A., M.Ed.
Certified Community Health Worker (CCHW)
Community Outreach Perinatal Educator (COPE)
CityMatCH Leader & Consultant
Advisory Board Member to Be Strong Families
Presenters

Mr. Zackary Gibson
Chief Child Advocate and Director
Office of Adoption and Child Protection
Executive Office of the Governor
Moderator

Ms. Janelle King
Interagency Youth Engagement and Restorative Practices Specialist
Office of Child Welfare
Florida Department of Children and Families

Pinwheels for PREVENTION
Prevent Child Abuse Florida
Getting to Know You

Using the “Question Box”, please share:

• Where you’re from:
  ✓ County

• If you’re representing as a: (share all that may apply)
  ✓ “Name of Agency” Member
  ✓ Community Member
  ✓ Parent
Conversation Norms

• **Speak from your own experience/Speak your truth** - Use “I” statements. Speak and own your truth, trusting that your voice will be heard and your contribution respected.

• **Listen attentively & deeply** - Allow others to speak. Listen to what is said; listen to the feeling beneath the word. Strive to achieve a balance between listening and reflecting, speaking and acting.

• **Suspend judgement** - Set aside your judgements. By creating a space between judgements and reactions, we can listen to each other, and to ourselves, more fully.

• **Maintain confidentiality/Create a safe place** - The stories stay, the lessons may leave.
The Change is Now!

The truth is that our finest moments are most likely to occur when we are feeling deeply uncomfortable, unhappy, or unfulfilled. For it is only in such moments, propelled by our discomfort, that we are likely to step out of our ruts and start searching for different ways or truer answers.

– M. Scott Peck
The Change is Now!

To the world, you may be one person, but to one person, you may be the world.

– Unknown
Tools to Navigate the Journey

Protective Factors Framework

www.cssp.org
<table>
<thead>
<tr>
<th>Protective Factors Framework</th>
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<tbody>
<tr>
<td><strong>Parental Resilience</strong></td>
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<tr>
<td><strong>Being strong and flexible.</strong></td>
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<tr>
<td><strong>Social Connections</strong></td>
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<td><strong>Parents need friends.</strong></td>
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<td><strong>Concrete Support in Times of Need</strong></td>
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<td><strong>Everybody needs help sometimes.</strong></td>
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<td><strong>Knowledge of Parenting &amp; Child Development</strong></td>
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<td><strong>Being a great parent is part natural and part learned.</strong></td>
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<td><strong>Social &amp; Emotional Competence of Children</strong></td>
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<td><strong>Parents need to help their children communicate.</strong></td>
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*Note:* Nurturing & Attachment are included within each factor.
What are Protective Factors?

Attributes or conditions of individuals, families, communities, or the larger society that reduce or eliminate risk and promote healthy development and well-being of children and families.

Protective factors can:

• Help ensure children and youth function well at home, in school, at work, and in the community – today and into adulthood.

• Serve as a buffer – helping parents, who might otherwise be at-risk of abusing/neglecting their children, find inner strength, resources, supports, and/or healthy coping strategies that allow them to parent effectively, even under stress.
What We Know:

Families thrive when protective factors are robust in their lives and communities.
Building Protective Factors

- ✓ Take Care of Yourself.
- ✓ Commit to being a Strong Parent.
- ✓ Build a healthy relationship with each of your children.
Concrete Supports in Times of Need

(Everyone Needs Help Sometimes)
Access to concrete supports and services that address a family’s needs and help minimize stress caused by challenges.

What does it look like:

• Seeking and accepting support when needed.
• Knowing what services are available and how to access them.
• Having financial stability; basic needs being met.
• Being persistence – Having perseverance!!!
Concrete Supports in Times of Need

Examples

Health

- Clothing
- Physical
- Developmental

- Shelter
- Food
- Emotional

- Finances
- Behavioral

- Relationships

- Transportation
Using the “Question Box”, please share:

If you’ve ever experienced a time when you needed to access Concrete Supports, where did you go?
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Maslow’s Hierarchy of Needs

Motivation increases as needs are met.

Motivation decreases as needs are met.

www.simplypsychology.org
Concrete Supports in Times of Need

Why is it important?

- Reduces risk factors associated with needs that might negatively impact the health and well-being of the family.

- Helps families identify and access resources available to help them ensure their family is getting their basic needs met.

- Assist families in maintaining financial stability and ability to meet daily needs.
**Concrete Supports in Times of Need**

What you need to know now about COVID-19 in Florida

Adults 65 and older and those with underlying medical conditions like heart disease, diabetes and lung disease are more likely to develop serious illness.

Here’s what you can do right now.

- **Review your symptoms**
  
  Use the CDC’s self-checker to help make decisions and seek appropriate medical care regarding COVID-19.

- **Call first about testing**
  
  Call your health care provider or County Health Department if you have symptoms to determine if you need a test.

- **Wash for 20 sec.**
  
  Wash hands often with soap and water – 20 seconds or longer (or use alcohol-based hand sanitizer with at least 60% alcohol).

- **Practice social distancing**
  
  If you are around other people, keep 6 feet between you when possible. Avoid hugs, handshakes, large gatherings and close quarters.

[Learn more](www.floridahealthcovid19.gov)
Concrete Supports in Times of Need

Florida’s City and County Governments offer a wide-range of programs, services, and information to support residents and communities.
Concrete Supports in Times of Need

FREE CONFIDENTIAL & 24/7
CALL 2-1-1
HELP STARTS HERE
Your local community helpline & crisis hotline!

If you or a loved one have experienced trauma and are looking for information on services or seeking counseling—211 is available!

- Alcohol/Drug Abuse
- Child Development
- Crisis Intervention
- Disability/Special Needs
- Domestic Violence
- Elder Needs/Daily Calls
- Employment
- Family Counseling
- Food/Clothing/Shelter
- Foreclosure/Mortgage
- Health Insurance/Clincs
- Mental Health Concerns
- Problems at School
- Caregiver/Support Groups
- Veterans Affairs

www.FLAIRS.org

View dashboards on community needs
www.211counts.org
Concrete Supports in Times of Need

Food Banks & Packinghouse

Click on the agency logo to find food pantries, soup kitchens and other feeding sites in your area.
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Temporary Emergency Food Assistance Program

Commodity Supplemental Food Program

Women, Infant and Children

Child Care Food Program
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What is Homelessness
Homeless persons are those who lack a fixed, regular, and adequate nighttime residence, or those living in shelters and temporary housing, or public and private places not designed for sleeping accommodations.

Council on Homelessness
The Council on Homelessness was created in 2001 to develop policies and recommendations to reduce homelessness in Florida.

Grants
The State Office on Homelessness contracts with 27 local Homeless Continuum of Care (CoC) to provide necessary services to the

Florida Housing Search.org
A Free Place to List & Find Affordable Housing in Florida

Homelessness

Search Florida rentals by city, county, or ZIP code

For Tenants
Find Housing
What can you afford to rent?
Frequently Asked Questions
How to Use This Site

HUD.gov
HUD COVID-19 Resources and Fact Sheets

PHA CONTACT INFORMATION
Find Your Local Public Housing Agency (PHA)
If you need public housing assistance or would like specific information about public housing programs such as housing choice vouchers, please contact your local Public Housing Agency.

Typical Contact Information
Public Housing Agencies (PHA) are responsible for adding, maintaining, and updating their own information found in the HA module of the NPMC system. For additional information please see the Frequently Asked Questions – HA Profiles page.

HA Contact Information by State (List)

Related Information:
1. HA Profiles - HA profiles provide more detailed, up-to-date HA information, in addition to address and contact information for individual Public Housing Agencies.
2. PHA Customer Service Center (888) 877-2022. The PHA Customer Service Center is staffed to answer questions/queries from the public and PHAs regarding public housing and housing choice voucher programs and regulations.
Concrete Supports in Times of Need

www.myFLfamilies.com/service-programs
Concrete Supports in Times of Need

Florida KidCare

Health Insurance

- Medicaid for Children
  - Birth through 18 years
- MediKids
  - Ages 1 year through 4 years
- Florida Healthy Kids
  - Ages 5 years through 18 years
- Children's Medical Services Managed Care Plan
  - Birth through 18 years with special healthcare needs

*Florida KidCare benefits include but are not limited to:*

- Doctor Visits
- Surgeries
-Check-ups
-Immunizations
-Vision & Hearing
-Prescriptions
-Dental Care
-Emergencies
-Hospital Stays
-Mental Health

www.floridakidcare.org
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www.myFLfamilies.com/service-programs
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www.cssp.org
When Spiders Unite, They Can Tie Up A Lion!

----African Proverb
Moving Forward

How has today’s experience impacted you?

Self-Reflection
Bringing Protective Factors to Life in your Community

- Community Cafés create safe spaces and time for meaningful conversation and learning.
- All parents are encouraged to participate and bring their experience, strengthen, and hope.
- We are working with partners to bring Cafés virtually.
- To bring protective factors to life in your community, please contact Chris Lolley at Prevent Child Abuse Florida.
Participant Questions

Using the “Question Box”, please share:

What questions do you have for the team about Concrete Supports in Times of Need or about previous Protective Factors discussed?
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Please join us next Thursday, April 30, 2020 at 3:30pm EST

For Bringing Protective Factors to Life!